



TASTE Reflection Questions
May 1, 2025

Trusting In God's Mercy
Dominique Seraphin

*And remember, I am with you always,
to the end of the age. ~ Matthew 28:20*



1. What did you find most interesting about this talk?

2. Dominique was in Confession with a friar telling him all about her struggles. Given that he had seen her come to retreat after retreat after retreat, he finally told her, "Dominique, if you sit in the middle of the road, you are going to become roadkill! Make a decision, are you going to be with the Lord or are you not with the Lord?"

- What do you think he meant by that?
- In Revelation 3:15-16 the scripture says, "So, because you are lukewarm, and neither hot nor cold, I will spit you out of my mouth." How does this scripture relate to what the friar told Dominique?
- When or how did you decide to not become roadkill and stop being just lukewarm?

3. After leaving the convent and discerning out of the religious life, Dominique began to really miss community and longed for "fellowship" that was rooted in Christ. She had a desire to create a space for young Catholic adults in their 20's to come together not just to pray, but to laugh, eat, go hiking, and have real joyful fellowship with those who were striving for a relationship with the Lord. Out of that was created the Frassati Fellowship of Catholic Young Adults. Dominique never felt smart enough, eloquent enough etc. to create this ministry, but came to realize that God doesn't call the "equipped" He equips the "called."

- When has God put a desire in your heart to do something for Him, His children or Church?
- Did you feel equipped? If not, how did you become equipped?
- Did you say, "Yes" to God? If so, what was the outcome?

4. Dominique had some great quotes, advice and sayings such as:

- Do what God places before you and nothing else. (when questioning what should I do)
- Treat God as your CEO, not as your secretary checking His progress. (Trust Him and don't tell Him what to do).
- Ask the Lord each morning what He wants from you today.
- We dwell on what we **aren't**, that we forget who we **are**.
- Your wounds are the very places where His glory shines the brightest.

- Which of these statements resonate with you?
- Which ones would you like to accept or incorporate into your life?