



TASTE Reflection Questions
February 13, 2025

**Chasing GOD, not Women: How Breaking Free
from Porn Led Me to the Love of my Life**

[Matt Aujero](#)

*And remember, I am with you always,
to the end of the age. ~ Matthew 28:20*



1. Matt shared his **PERSONAL STORY** of addiction to pornography and experience with dating women who had broken or absent fathers. As he was becoming more free from pornography, he started dating Mimi and they went to adoration together.

- How did you feel about Jesus telling Matt that “she was the one” and yet telling Mimi to “break up with him”?
- How did they each respond? What was the result of their obedience to God? Who is now his Valentine?

2. Matt talked about his **VOCATION**. After 10 years serving as the Men’s Campus Minister at the University of Maryland Catholic Student Center, he became the Founder and CEO of Fight Club Catholic. The mission of this ministry, movement, and community is to recover young men’s (spiritual) sight so they are more free to love and fight for God, their (future) brides, and their brothers in the battle for purity of heart.

- How did you feel about the many fruits of this ministry? (Not just men’s sobriety from pornography, but their callings to priesthood and marriage and their overall refocusing of their lives with a greater capacity to love)
- Which factors do you think contributed most to the growth and success of this ministry?
(e.g., Matt’s faith, adoration, daily mass, missionary work, retreat, journaling; God’s Will & Our Lady of Guadalupe’s help; the on-boarding of colleges & universities; his talks and book sales)
- What do you think the future holds for this ministry based on the vision God gave Matt?
(Where he saw tens of hundreds of thousands of men adoring our Lord in the Blessed Sacrament)

3. Matt invited our women to be **MISSION PARTNERS** in his ministry. Remember, 80% of men 18-30 years old are looking at pornography at least monthly and one in three of them are looking at it daily.

- How might you be able to support it? (e.g., by your prayers, financial support, and/or staying informed)
- Is there someone in your life who may benefit from this ministry? (e.g., a son, grandson, nephew)
- Based on his advice, how might it be best to share this information or gift his book with that person?

4. Matt said “**OUR SMALL VOCATIONS** are where the the needs of the church intersect with the the cross and gifts and talents that God gave you”

- How has God equipped you? What are you doing (or can you do) for God and our church?
- Have you ever done something like Mimi when she offered to live off her salary to allow Matt to follow his dreams? If so, what was the result?