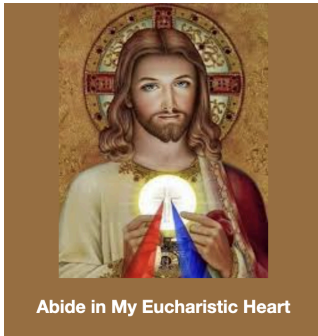


TASTE Reflection Questions
March 7, 2024

Life in the Spirit
Deacon Jim Munno

When you look at the Crucifix,
you understand how much Jesus loved you then.
When you look at the Sacred Host,
you understand how much He loves you now.
~ St. Teresa of Calcutta.



1. What did you find most interesting about this talk?

2. A definition of love that Deacon Jim gave us was *"when someone else's happiness is vital to your own."*
 - When have you put someone else's happiness above your own?
 - Did that bring extra happiness into your life? Why or why not?

3. Deacon Jim spent a lot of time on the Cardinal Virtue of **PRUDENCE**. He said there is no virtuous act that does not engage prudence. He described prudence as *"knowing the good, and seeing the means to achieve it."*
 - Two scenarios that stifle prudence are: a) knowing the good, but not seeing the means to achieve it and b) not even knowing the good, nor the means to achieve it. How can we overcome either shortfall?

4. Deacon Jim quoted 2 Peter 1:5-7: For this very reason, make every effort to supplement your faith with virtue, virtue with knowledge, knowledge with self-control, self-control with endurance, endurance with devotion, devotion with mutual affection, mutual affection with love.
 - What are some practical ways you can increase your **KNOWLEDGE**?
(Example: scripture/Bible reading, etc.)
 - During this Lenten season, are you attempting to practice **ANY** of these virtues?
If so, how is it going?
 - How did the story of the Saint refraining from her orange encourage you in **FORTITUDE**?

7 Gifts of the Holy Spirit

They complete & perfect the virtues
...and make the faithful docile in
readily obeying divine inspiration

Wisdom
Understanding
Counsel
Fortitude
Knowledge
Knowledge
Piety
Fear of the Lord

If you do not have LOVE,
then the gifts of the Spirit will
lie DORMANT in your soul

2 Peter 1 Supplement one with another Starting with faith

Love
Mutual Affection
Devotion
Endurance
Self Control
Knowledge
Virtue
Faith

Romans 5 One produces another Starting with affliction

Love
Hope
Proven Character
Endurance
Affliction

Theological Virtues

Faith
Hope
Love

Source: CCC 1812-1829)

They inform all the moral
virtues & give life to them.

The greatest of these
is Love (1 Cor 13:13)

Human Virtues are
rooted in the
theological virtues
(CCC 1812)

Cardinal Virtues

Prudence
Justice
Fortitude
Temperance

Source: CCC 1805-1809
and Wisdom 8:7

Prudence stands at the head
Since it informs the others

Human virtues can be
grouped around the four
cardinal virtues:

Human Virtues

Compassion
Diligence
Empathy
Generosity
Humility
Integrity
Patience
Kindness

... See also 1 Cor 13:4-8
and Gal 5:22-23