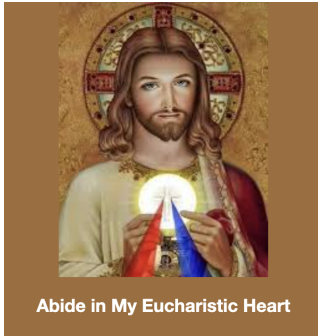


TASTE Reflection Questions
December 14, 2023

Rekindling Wonder

Fr. Chris Seith

When you look at the Crucifix,
you understand how much Jesus loved you then.
When you look at the Sacred Host,
you understand how much He loves you now.
~ St. Teresa of Calcutta.



1. What did you find most interesting about this talk?

2. Fr. Chris said that people have lost their capacity to feel anything and to be moved by reality. Because of this, we have to “**MANUFACTURE**” experiences of wonder.
 - In what ways have you seen this in others or even experienced it yourself?
 - Why do you think it takes more and more extravagant and ridiculous experiences to make us laugh, make us joyful, make us sorrowful, make us sad, and even make our hearts break?

3. Fr. Chris said some people asked the question, “What do I need to do to get out of hell”
He corrected the question and then said it is not what “**WE**” have to do, but what “**GOD**” needs to do.
 - In what ways can we participate with God to allow Him to do what He needs to do?
(Hint: sitting with God in sadness etc)

4. Fr. Chris said that everything about our phone is oriented to make things comfortable for us. If the point of life is to get **OUT** of ourselves and to have a life with others and if this device is designed so that our lives are **WITHIN** ourselves all the time, then we are damaging our capacity to be moved by wonder and love and to find connection and real communion with others.
 - Have you experienced any negative consequences as a result of your mobile phone?
 - How did you feel about everyone seeming to be as close as our fingertips, but not in our hearts.
 - What can I do differently to balance the benefits of a smartphone and the unintended consequences?