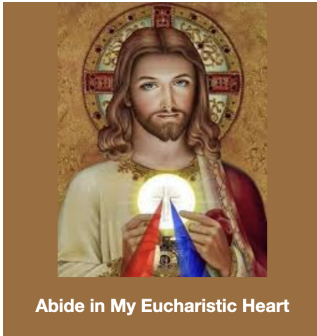


TASTE Reflection Questions
November 30, 2023



Do Catholics Really Turn Away People from Christ's Table?

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When you look at the Crucifix,
you understand how much Jesus loved you then.
When you look at the Sacred Host,
you understand how much He loves you now.
~ St. Teresa of Calcutta.



1. **“How do we know Christ is in the Tabernacle?”** In John 6, Jesus told us that He is the living Bread from Heaven. Some say that Jesus was speaking metaphorically. Yet, John-Mark said that when a metaphor is misunderstood, a responsible speaker clarifies with non-metaphorical language.

- What proof was offered 3 chapters earlier that Jesus IS a responsible speaker? (Hint: Born Again)
- Based on that, what can we conclude about whether Jesus is speaking metaphorically or not here?
- How might this help you if you are ever in a dialogue with a Protestant or non-believing Catholic?

2. John-Mark said, **“We should not receive the Lord when we have betrayed Him”** and if we are conscious of being in mortal sin, we should not engage in the supreme gesture of intimacy of receiving His body and blood into ours.

- How did the example of a spouse's betrayal reinforce this point?
- Rather than just pretending everything is ok, what steps can we take to make ourselves eligible for Communion?

3. John-Mark said that **“We should not receive the Lord when we do not fully believe in the Eucharist”**

- How does the fact that “no one in the Gospels has ever benefited from an encounter with Christ when they did not have faith in Him” relate to belief in the Eucharist?
- Have you ever considered that it might be counterproductive & actually hurt us if we do not believe? Why?

4. John-Mark said that **“We should actually act like we believe it is Jesus”**

- During reception of the Eucharist, what does our reverence or lack thereof communicate to God and others?
- Why is this important? How can we express more reverence before, during, or after receiving Jesus?