

Draw Closer to God and He will Draw Closer to You Detest Your Sins

Lenten Reflection for the TASTE Program

March 9th, 2023

- *Opening Prayer (Psalm 57)*
- *Very brief overview of the six-part series of our Lenten Journey*
 - *Return to Me - Feb 23rd – Return to Me: Sorrow for our sins causes us to turn to God – Grace flows and for our part we must respond to His Grace)*
 - *Be Converted - March 2nd – Be Converted: Responding to God’s grace changes us. Transforms us. Heart mind and soul are not just oriented to God but are converted to be more and more holy.*
 - *Detest Your Sins – Today – we’re going to look really look at sin; we’re going to see it’s destructive effects on us and – when we see that, really see that, we don’t want it ever in our life.*
 - *Rejoice - March 16th – In the midst of Lent we will glimpse at Easter joy. The joy Christ brings through His passion, death, and resurrection.*
 - *From Death to Life - March 23rd – this week follows “Detest your sins”; we’re going to leave death behind and embrace life.*
 - *Embracing the Cross - March 30th – That’s right we’re going to embrace our cross, not just carry it.*
- *Review First Two Talks: Return to Me & Be Converted*
 - *Awareness of sins bring contrition – a heart that is broken to pieces lying on the ground – there arises a Godly Sorrow that causes us to turn to God. (Not going to beat ourselves up – we are not our focus; God is.)*
 - *God’s grace abundantly flows, and we respond to that grace.*
 - *This leads to conversion. (Repentance happens in a moment, but conversion is ongoing).*
 - *We grow more in love with God, see Him more for who He is. In humility we see ourselves more for who we are. We are being transformed; we are being converted.*
- *This Reflection: Detest Your Sins*
 - *An increased love of God gives us a clearer view of our sins.*
 - *What is sin? How serious is it?*
 - *The effects of sin*
 - *Darkens mind, will, and heart*
 - *Gives us an appetite for sin*
 - *Destroys virtue and charity*
 - *Now that we hate are sins (more than ever), how do we fight them?*
 - *Examination of conscience: rooting out the deadly stuff.*
 - *Fight sin with virtue*
 - *There’s hope! Next time: Sin cannot triumph over Jesus!*