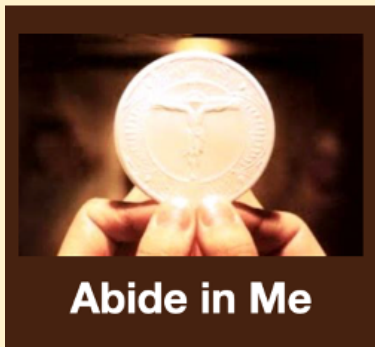




TASTE Reflection Questions #18
March 09, 2023

Detest Your Sins

Deacon Jim Munno

Whoever eats My flesh and drinks My blood
abides in Me and I in him." ~ John 6:56



1. What did you find most consequential about this talk?

2. Deacon Jim Munno talked about 3 ways we can become more aware of our sins:
 - when it is brought to our attention as in King David
 - when we come to our senses as in the prodigal son, and
 - when we have a transforming encounter with Christ as in Zacchaeus.
 - What is the most frequent way you come to recognize your sins?
 - How might you become more receptive to the other ways?

3. Below are some of Deacon Jim Munno's referenced quotes on sin and death & on the seriousness of venial sin.
 - **SIN DARKENS THE MIND, DISTORTS THE WILL, AND SUFFOCATES THE HEART**
 - **BIT BY BIT, SIN (EVEN VENIAL SIN) TRIES TO MAKE ME LIKE SATAN**
 - The wages of sin is death — Romans 6:23 (Deacon Jim says there is no middle ground).
 - The smallest sin is enough to damn us, if we do not repent. (cf. St. John Vianney *Sermon on Repentance*)
 - Sin creates a proclivity to sin ... Venial sin weakens our resistance against mortal sin
 - How do you feel about this? Did any of these surprise or especially concern you? Which?
 - What are some examples of sins that women tend to be tempted to engage in?
 - Before Jim's talk, how did you see venial sin in your life? After his talk, how do you understand venial sin?

4. Deacon Jim Munno highlighted ways to battle sin:
 - PRAY that God helps you to know your sins & gives you the grace to help keep you from sin.
 - Frequent the sacrament of Penance.
 - Examination of conscience in light of the capital sins and in light of the virtues.
 - Exercise sin "self-awareness".
 - Remember these little phrases **BOLDED AND CAPITALIZED ABOVE**.
 - Historically, which have you found most effective to battle sin? Describe
 - Did you pick up a new tool in your toolbox to combat sin? Describe